

خُلِقَ نَبِيٌّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ كَانَ الْقُرْآنَ  
The character of the Prophet ﷺ was the Qur'an



# The Walking Qur'an

Studying Seerah alongside the Qur'an and Ahadith

**Session 1 of 23:**

First Year of Revelation

Age: 40; 12 BH (Before Hijrah)



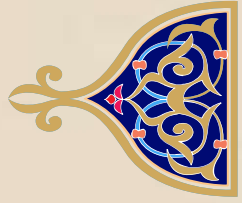
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By: Mujtaba Shareef [www.fussilat.com](http://www.fussilat.com)

# About

- ❖ The main objectives of ‘The Walking Quran’ are:
  - To learn key events from the Seerah by each Nabawi year.
  - To study the Quran revealed during each Nabawi year to understand how it motivated the Prophet ﷺ and the Sahabah.
  - To present a few relevant Ahadith to understand how the Prophet ﷺ trained the Sahabah and purified their lives.
- ❖ This series consists of a total of 23 sessions, the number of years the Quran was revealed to the Prophet ﷺ.
- ❖ Compiled by:
  - Dr. Mujtaba Shareef ([mujtaba.shareef@gmail.com](mailto:mujtaba.shareef@gmail.com))





# Important Note



- ❖ All praise is due to Allah, and any goodness or correctness found in these slides is solely from Him. However, any errors or shortcomings present are my own responsibility. If you happen to notice any mistakes in these slides, I kindly request that you notify me via email, enabling me to promptly rectify them.
- ❖ Email: [mujtaba.shareef@gmail.com](mailto:mujtaba.shareef@gmail.com)



# Age, Revelation Year and Hijrah

❖ This session covers the Seerah events and the Surahs revealed during the **highlighted** year.

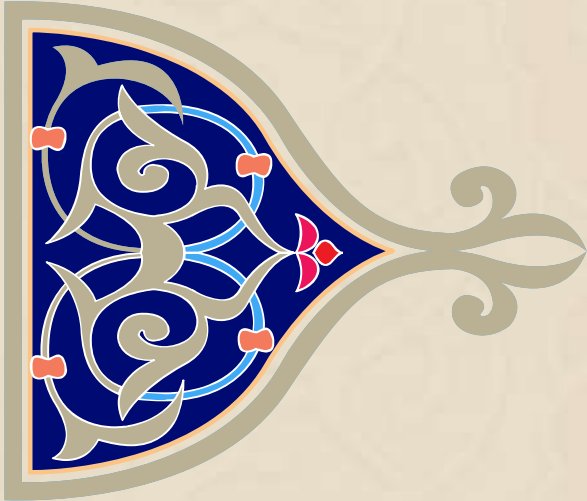
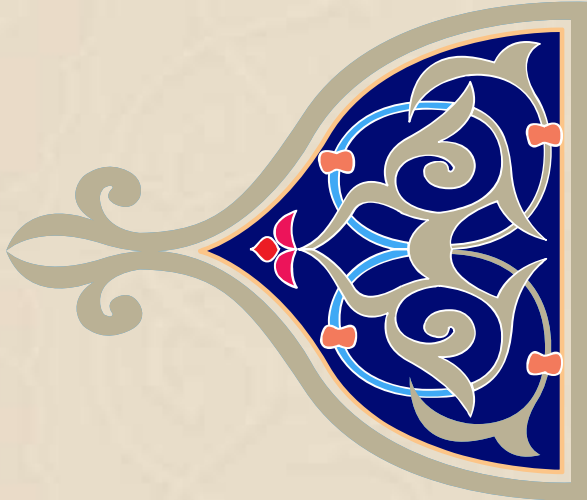




# Outline



- ❖ Part A: Key events from the Seerah
- ❖ Part B: Key messages from the Surahs revealed
- ❖ Part C: A few relevant Ahadith and key takeaways



Part A: Seerah  
First Year of Revelation  
Age 40; 12 BH



# Key events before the Prophethood

- ❖ The Prophet ﷺ was born in Rabiul Awal in 571 AD.
- ❖ He was entrusted to Haleemah (RA) for nursing.
- ❖ His mother died at the age of six and was entrusted to his grandfather and then to his uncle Abu Talib.
- ❖ He worked as shepherd early in his life.
- ❖ He was happy to join Hilf ul Fudoul an alliance of virtuous.
- ❖ He married Khadija (RA) at the age of 25 and had six children.
- ❖ He was known for his noble characters in Makkah as As-Sadiq and Al-Ameen even before prophethood.



# Seclusion to the Cave Hira

- ❖ The Prophet ﷺ never worshipped any idol, and he was not happy with the moral evils and idolatry in the society.
- ❖ As he was reaching the age of 40, he used to seclude himself and spend time pondering and meditating.
- ❖ He used to spend hours/days in a cave nearby Makkah called Hira.
- ❖ He used to see dreams that would come true the next day.
- ❖ Even rocks used to say salaam to him.
- ❖ This was all indication that he was a chosen one and of the coming revelations.





# First Revelation

- ❖ It was the month of Ramadan and night of Qadr.
- ❖ The Prophet ﷺ was meditating in Cave Hira, and an angel appeared.
- ❖ Angel Jibril (showing the Ayah) told him to read.
- ❖ The Prophet ﷺ was unlettered so he responded “I cannot”.
- ❖ Angel asked him second time and the Prophet ﷺ replied the same.
- ❖ Angel embraced him tight and asked him to read third time, he started reading the verses.
- ❖ First five Ayah of Surah Al-Alaq (1-5) were revealed.



# First Revelation (Wahy)

- ❖ The Prophet ﷺ returned home terrified and told his wife that his life might be in danger.
- ❖ He asked Khadijah (RA) to cover him up.
- ❖ She reassured the Prophet ﷺ reminded him of his good characters such as:
  - Keeping good relations with kith and kin;
  - Speaking truth;
  - Helping poor and destitute;
  - Entertaining guests;
  - Assisting those who are stricken with calamities;
- ❖ Khadija (RA) took him to her cousin and a saint Waraqa bin Noufal who confirmed his prophethood.

# Second Revelation

## ❖ Hiatus

- The revelation paused for some period after the first Wahy.
- The Prophet ﷺ became very depressed.
- But Jibril (AS) appeared before him and reassured him that he was the messenger of Allah.

## ❖ Second Wahy

- One day the Prophet ﷺ was walking, and he heard a sound.
- He looked up and saw Jibril (AS) in his original form sitting on a throne in the sky.
- He trembled and rushed back to Khadija (RA) and asked her to wrap him up.
- Subsequently the second Wahy is revealed.
- The revelations continued and dawah of the Prophet ﷺ began from this event.

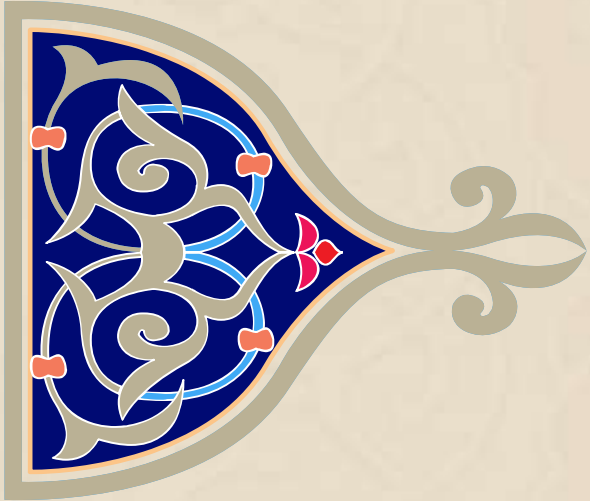
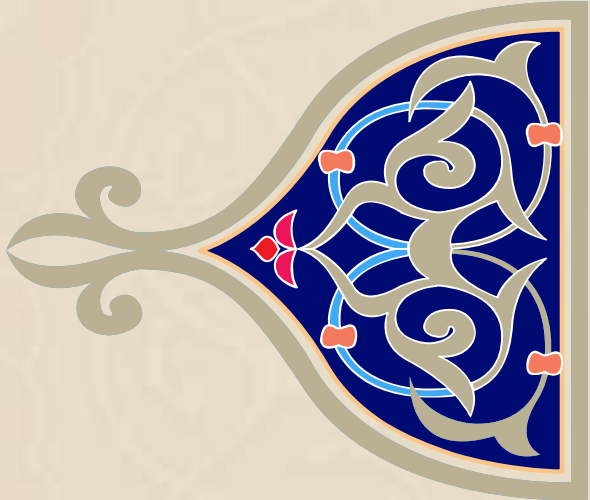




# The First Believers



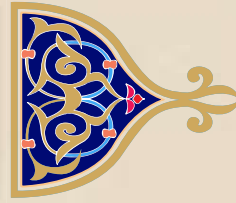
- ❖ The Prophet ﷺ commenced the Dawah
  - After the commandment to call people towards the religion, the Prophet ﷺ first started preaching to the people who were close to him.
- ❖ Close relatives who accepted his message
  - First woman to believe: Khadijah bint Khuwalid (RA)
  - First man to believe: Abu Bakr (RA)
  - First child to believe: Ali bin Abi Taalib (RA)
  - First slave to believe: Zaid ibn Haaritha (RA)
- ❖ Other early believers
  - Some of the first people who believed started preaching within their close contacts.



Part B:  
The Quran



# Ayath Revealed Per Year

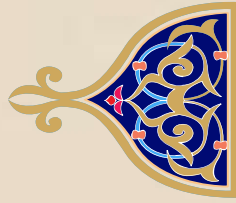


Note: These numbers are approximate and could vary according to different scholars

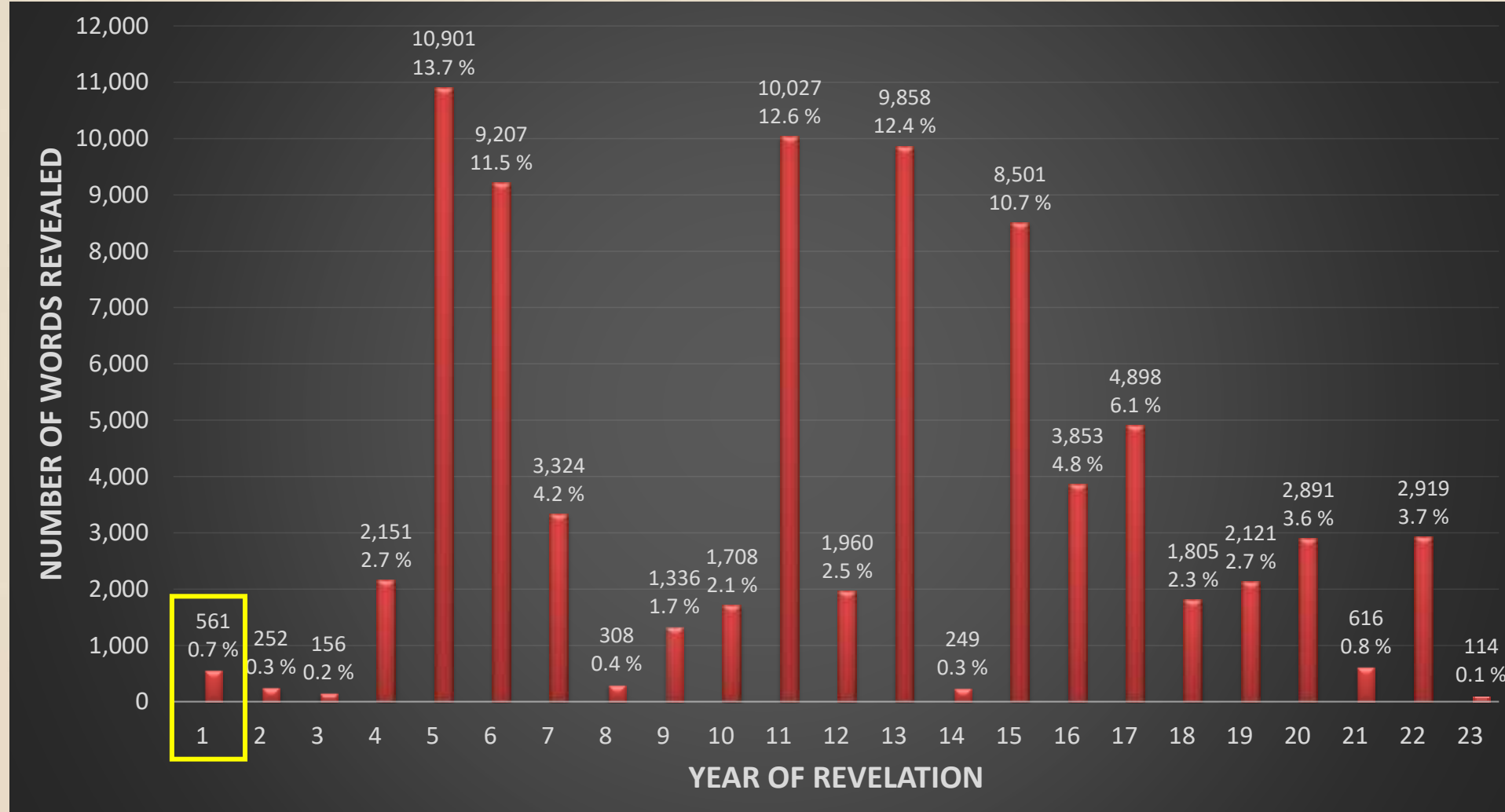
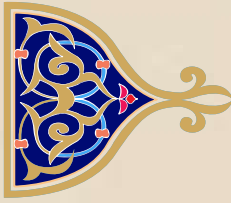


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# Words Revealed Per Year



Note: These numbers are approximate and could vary according to different scholars



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# The Glorious Quran



## ❖ Surah/Verses revealed in the First Year of Nabawi

- Al-Alaq, Ayah 1-5
- Al-Muddathir, Ayah 1-7
- Al-Muzzammil, Ayah 1-8
- Al-Fatihah, Ayah 1-7



# Surah Al-Alaq (96)

اقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ -

Recite in the name of your Lord who  
created [96:1]

خَلَقَ الْإِنْسَانَ مِنْ عَلَقٍ -

Created man from a clinging  
substance[96:2]

اقْرَأْ وَرَبُّكَ الْأَكْرَمُ -

Recite, and your Lord is the most  
Generous[96:3]

الَّذِي عَلَّمَ بِالْقَلَمِ -

Who taught by the pen[96:4]

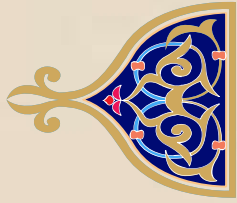
عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ -

Taught man that which he knew not[96:5].

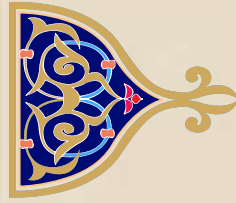
• Key points emphasized in  
these Ayah:

- Recite (emphasized twice)
- Introduction of the Lord
  - The Cherisher
  - The Creator
  - The most Generous
  - The Teacher





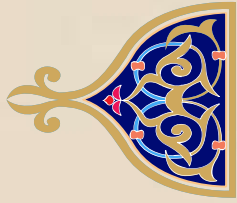
# Surah Al-Muddathir (74)



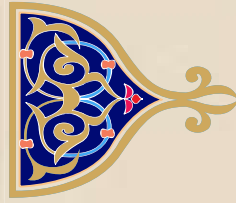
- يَا أَيُّهَا الْمُدَّثِّرُ – 74:1
- O you who covers himself [with a garment],
  - قُمْ فَأَنْذِرْ – 74:2
  - Arise and warn
    - وَرَبِّكَ فَكَبِّرْ – 74:3
    - And your Lord glorify
      - وَثِيَابِكَ فَطَهِّرْ – 74:4
      - And your clothing purify
        - وَالرُّجُزَ فَاهْجُرْ – 74:5
        - And uncleanness avoid
          - وَلَا تَمُنْ بِتَسْتَكْبِرُ – 74:6
          - And do not confer favor to acquire more
            - وَلِرَبِّكَ فَاصْبِرْ – 74:7
            - And for your Lord be patient.

- Key points in these Ayah
  - Commandment to give Dawah
  - Glorification of the Lord
  - Emphasis on Personal hygiene
  - To be Patient for the sake of Lord





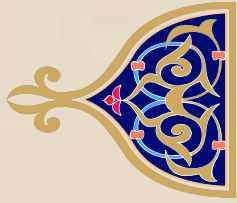
# Surah Al-Muzzammil (73)



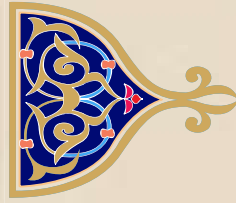
- يَا أَيُّهَا الْمُزَّمِّلُ ١
- O you wrapped 'in your clothes'!
- فَمِ الْيَلِّ إِلَّا قَلِيلًا ٢
- Stand all night 'in prayer' except a little—
- نَصْفَهُ أَوْ انْقُصْ مِنْهُ قَلِيلًا ٣
- 'pray' half the night, or a little less,
- أَوْ زِدْ عَلَيْهِ وَرَتِّلِ الْقُرْآنَ أَنْ تَرْتِيلًا ٤
- or a little more—and recite the Quran 'properly' in a measured way.
- إِنَّا سَنُلْقِي عَلَيْكَ قَوْلًا ثَقِيلًا ٥
- 'For' We will soon send upon you a weighty revelation.
- إِنَّ نَاشِئَةَ اللَّيْلِ هِيَ أَشَدُّ وَطْئًا وَأَقْوَمُ قِيَلًا ٦
- Indeed, worship in the night is more impactful and suitable for recitation.
- إِنَّ لَكَ فِي النَّهَارِ سَبْحًا طَوِيلًا ٧
- For during the day you are over-occupied 'with worldly duties'.
- وَأَذْكُرِ اسْمَ رَبِّكَ وَتَبَتَّلْ إِلَيْهِ تَبْتِيلًا ٨
- 'Always' remember the Name of your Lord, and devote yourself to Him wholeheartedly.

- Key points in these Ayah
- Emphasis on Personal hygiene
- Encouragement for Night worship (Tahajjud)
- Highlighting the importance of remembering Allah





# Al-Fatihah (1)



- بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ١
  - In the Name of Allah—the Most Compassionate, Most Merciful.
- الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ٢
  - All praise is for Allah—Lord of all worlds,
- الرَّحْمَنِ الرَّحِيمِ ٣
  - the Most Compassionate, Most Merciful,
- مَلِكِ يَوْمِ الدِّينِ ٤
  - Master of the Day of Judgment.
- إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ٥
- You 'alone' we worship and You 'alone' we ask for help.
- أَهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ٦
  - Guide us along the Straight Path,
- صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ٧
  - the Path of those You have blessed—not those You are displeased with, or those who are astray.

- Key points in this Surah:
  - More names of Allah are introduced
  - Day of judgement is mentioned
  - Asked to make dua for guidance





Part C:  
Ahadith & Key  
Takeaways



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# Takeaway 1: Connect with Allah

يَنْزِلُ رَبُّنَا تَبَارَكَ وَتَعَالَى كُلَّ لَيْلَةٍ إِلَى السَّمَاءِ الدُّنْيَا حِينَ يَبْقَى ثُلُثُ اللَّيْلِ الْآخِرِ  
يَقُولُ مَنْ يَدْعُونِي فَأَسْتَجِيبَ لَهُ مَنْ يَسْأَلُنِي فَأُعْطِيَهُ مَنْ يَسْتَغْفِرُنِي فَأَغْفِرَ لَهُ "

Allah's Messenger (p.b.u.h) said, "Our Lord, the Blessed, the Superior, comes every night down on the nearest Heaven to us when the last third of the night remains, saying: "Is there anyone to invoke Me, so that I may respond to invocation? Is there anyone to ask Me, so that I may grant him his request? Is there anyone seeking My forgiveness, so that I may forgive him?"

[Sahih Al-Bukhari 1145](#)



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## Takeaway 2: Convey the message

وعن عبد الله بن عمرو بن العاص رضي الله عنهما أن النبي صلى الله عليه وسلم قال: "بلغوا عني ولو آية وحدثوا عن بني إسرائيل ولا حرج، ومن كذب علي متعمداً فليتبوأ مقعده من النار"

'Abdullah bin 'Amr bin Al-'As (May Allah be pleased with them) reported: The Prophet ﷺ said, "**Convey from me even an Ayah** of the Qur'an; relate traditions from Banu Israel, and there is no restriction on that; but he who deliberately forges a lie against me let him have his abode in the Hell." [[Sahih Al- Bukhari](#)].



## Takeaway 3: Dua

❖ اللهم آت نفسي تقواها، وزكها أنت خير من زكاها، أنت وليها ومولاها،

❖ Zaid bin Arqam (May Allah be pleased with him) reported: The Messenger of Allah would supplicate: "O Allah! Grant me the sense of piety and purify my soul as You are the Best to purify it. You are its Guardian and its Protecting Friend." [[Sahih Al-Muslim](#)]





# Assignments

- ❖ Revise the Seerah chapters for 13 BH and read tafsir for four surahs
- ❖ Memorize the Dua

اللَّهُمَّ أَتِ نَفْسِي تَقْوَاهَا وَزَكِّهَا  
أَنْتَ خَيْرٌ مَنْ زَكَّاهَا أَنْتَ وَلِيِّهَا وَمَوْلَاهَا

**Allahumma ati nafsi taqwaha, wa zakkiha,  
Anta khairu man zakkaha, Anta waliyyuha  
wa maulaha**

O Allah! Grant me the sense of piety and purify my soul as You are the Best to purify it. You are its Guardian and its Protecting Friend.



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# Next week



- ❖ Read Seerah materials for the events during second year of revelations (12 BH)
- ❖ Read the translation (and tafsir if possible) of the following Surahs:
  - Ad-Dhuha (93)
  - As-Sharh (94)
  - At-Takweer (81)
  - Al-Infitar (82)



# References

- ❖ Ar-Raheeq Al-Makhtum ([The Sealed Nectar](#)) By Safiur Rahman Mubarakpuri.
- ❖ [Tafheem ul Quran](#) by Moulana Abu Ala Moududi.
- ❖ [Qurani Soorton Ka Nazm e Jali](#) by Khalil ru Rahman Chisti.
- ❖ [Noble Life of the Prophet](#) by Ali Al Sullabi.



سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ،  
أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

Glory is to You, O Allah, and praise is  
to You. I bear witness that there is  
none worthy of worship but You. I  
seek Your forgiveness and repent to  
You.

For other sessions, visit [https://fussilat.com/walking\\_quran.html](https://fussilat.com/walking_quran.html).