

# PHASES OF LIFE

They will say, "Our Lord, You made us lifeless twice and gave us life twice, and we have confessed our sins. So is there to an exit any way?" [40-11]

## SOUL

Allah created all Souls and took the covenant

Quran:

And [mention] when your Lord took from the children of Adam - from their loins - their descendants and made them testify of themselves, [saying to them], "Am I not your Lord?" They said, "Yes, we have testified." [This] - lest you should say on the day of Resurrection, "Indeed, we were of this unaware." [7-172]

## DEATH 1

Caused all Souls to die (state of sleep)

## LIFE 1

Life of this World  
Body – Mother's womb  
Soul – Angels blew into body

Quran:

And of His signs is that He created you from dust; then, suddenly you were human beings dispersing [30-20]

Hadith:

The Messenger of Allah (s.a.w) narrated to us - and he is the truthful and entrusted one: 'Indeed the creation of one of you is gathered inside his mother in forty days. Then, for a similar period, he is a clot. Then, for a similar period, he is a piece of flesh. Then Allah sends the angel to him to blow the soul into him, and he is ordered to write four (things) [Tirmidhi]

## DEATH 2

Death in this world  
Body goes to dust and  
Soul goes to Barzakh

Quran:

That I might do righteousness in that which I left behind." No! It is only a word he is saying; and behind them is a barrier until the Day they are resurrected. [23:100] (Illiyoun/Sijeen)

## LIFE 2

Life in Hereafter  
With Body  
Either in Heaven or Hell

Quran:

Allah will say, "This is the Day when the truthful will benefit from their truthfulness." For them are gardens [in Paradise] beneath which rivers flow, wherein they will abide forever, Allah being pleased with them, and they with Him. That is the great attainment. [5-119]

Except the path of Hell; they will abide therein forever. And that, for Allah, is [always] easy. [4:169]

